



DELVES LANE PRIMARY SCHOOL

Delves Lane, Consett, Co Durham, DH8 7ES

Head Teacher: Mrs R A Woods

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LEARN, ACHIEVE, INSPIRE

23rd February 2023

Dear Parent/ Carer,

Year 5 Swimming Lessons Monday 27th February – Monday 27th March

From Monday 27th February, your child's class will begin their curriculum swimming lessons.

Swimming lessons will take place every Monday afternoon at the Swim Excellence Academy, Consett and are led by highly qualified swimming coaches. Swim Excellence Academy is a purpose built learn to swim center. They have over 20 years of experience teaching swimming in venues across the North East. Where required, our children can also be supported in the water by members of school staff who are qualified to assist with swimming tuition.

To ensure the very best opportunities for our pupils, the children will be transported to the venue via mini bus and will now swim in three smaller groups at different stages throughout the afternoon. This will allow us to provide the very best personalised tuition and maximise their time in the water. Some pupils may have a later lunch than usual to facilitate this. However, this will not affect their usual packed lunch/ school dinner arrangements.

Your child should attend school in their normal uniform but will need to bring the following items with them on the days they have swimming:

- **Swimming Bag**
- **Swimming Trunks/ Costume** (Bikinis not allowed)
- **Swimming Goggles** (Optional - helps with children's water confidence)
- **Swimming Cap** (Optional - helps with children's water confidence)
- **A Towel**

All children are now expected to achieve the government set requirements for swimming by the end of primary school. These requirements state that all children should be able to swim 25 metres competently, confidently and proficiently using a range of strokes and should be able to perform safe self-rescue in different water-based situations.

Please Note: Swimming is a statutory part of the PE Curriculum which many of our pupils greatly enjoy; unless your child has an appropriate medical note, they will be expected to participate in all swimming lessons. Information on school swimming is published on all school websites.

Yours sincerely,

C. Turnbull

Mr C Turnbull
Teacher/ PE Leader

