












Suggested Home Learning Timetable

	Monday	Tuesday	Wednesday	Thursday	Friday
8:00-9:00 Morning Routine 	<ul style="list-style-type: none"> • Wake up • Help an adult to make breakfast for the family • Help with dishes • Make your bed • Brush your teeth for two minutes • Get dressed 				
9:00-9:30 Active 30! 	Joe Wicks aka 'The Body Coach' is delivering a daily PE lesson via his YouTube channel				
10am Academic Time 	<p>Work through any of the activities that your teachers have set for you in workbooks or worksheets. Remember that you also have your next terms project booklet to work through.</p> <p>You should have all of your log ins with you now and the following links can all be accessed on computers, laptops and tablets. Please contact your class teacher via the school email if not. Links to the school subscription sites:</p> <p>Times tables Rockstars: https://trockstars.com/ Maths with Carol Vorderman: www.mathsfactor.com Times tables supermovers: https://www.bbc.co.uk/teach/supermovers/times-table-collection/z4vv6v4</p> <p>Children can also use take a look at our post about suggested links and apps for additional resources, should they require them!</p>				
10:45 Snack & Milk/Water 	Remember that we need to stay healthy! Typical snacks in school include apples, bananas, raisins, pears, raw carrots, tomatoes and tangerines!				
11am Academic Time 	<p>Work through any of the activities that your teachers have set for you in workbooks or worksheets. Remember that you also have your next terms project booklet to work through. Make sure you read for 30 minutes each day.</p> <p>Accelerated Reader: https://ukhosted77.renlearn.co.uk/2235610/ English with David Walliams: https://www.wordofdavidwalliams.com/elevenses/ Family zone: https://literacytrust.org.uk/family-zone/ Cornerstones: https://cornerstoneseducation.co.uk/news/free-access-to-cornerstones-love-to-read-resources-for-home-learning/</p>				
12:15 – 1pm Lunch 	<ul style="list-style-type: none"> • Help prepare lunch where you can. • Set the table, make the drinks • Eat together and talk to each other. Things could include, what makes a good friend, things that you are grateful for, places you would like to go to etc • Remember manners at the table and help to wash up, dry and put away 				
1pm Creative time	Jigsaw time https://families.jigsawpshe.com/	Bear Grylls – The Great Indoors https://www.scouts.org.uk/the-great-indoors/	Make Easter cards and/or decorations. Hard boiled eggs	Paint/colour a rainbow	Design/draw your favourite book cover
2:00-2:30 Outdoor Time 	Play in your garden, on your trampoline, build dens for small animals or do some gardening! Or go out with your adult to ride your bike or scooter, away from others, remembering to socially distance yourself.				
2:30-3:00 Chores	Tidy bedroom	Hoover downstairs	Peg out washing/put on radiators	Put away your own washing where it belongs	Tidy bedroom
3:00-4:00 Quiet Time 	Read books, complete puzzle books, colour in etc.				
4:00-5:00 Free Time	Free Time Remember to LIMIT and SUPERVISE screen time!				
5:00-5:30 Dinner	Remember to help your adult set the table!				
5:30-6:30 Family Games	Board game	Dominoes	Noughts and Crosses	Indoor skittles with household objects	Card games
6:30-7:30 Free Time/Quiet Time	Read books, complete puzzle books, colour in, play games etc. Remember to LIMIT and SUPERVISE screen time!				
7:30 onwards Bedtime Routine 	<ul style="list-style-type: none"> • Bath/Shower • Supper • Bedtime story with your adult • Bedtime 				