



Sun Safety Policy

Rationale:

At Delves Lane Primary School we are committed to our duty to safeguard and promote the welfare of children and young people. Skin cancer is one of the most common cancers in the UK and the number of cases is rising. The good news is that the majority of these cases could be prevented. Most skin cancers are caused by ultraviolet (UV) radiation from the sun. If we protect ourselves from the sun then we can reduce our risk. This is particularly important for children and young people whose skin is more delicate and easily damaged. Studies have found that sunburn during childhood can increase the risk of skin cancer later in life. You may not see the damage immediately because skin cancer can take years to develop, but children who are over-exposed to the sun now are storing up problems for the future.

Purpose

The purpose of the sun safety policy is to provide:

- An environment that enables pupils and staff to stay safe in the sun
- A curriculum which includes sun safety, to increase knowledge and influence behaviour
- Collaboration with parents, governors and the wider community to reinforce awareness about sun safety and promote a healthy school.

At Delves Lane Primary School we acknowledge the importance of sun protection and want staff and pupils to enjoy the sun safely. We will work with staff, pupils and parents to achieve this through:

Education

- Sun protection is incorporated into the curriculum for all ages,
- All teachers and staff are made aware of this policy and the importance of sun protection within the school environment,
- Sun protection is actively promoted to pupils at significant points of the school year
- Parents are informed of the importance of sun protection through information sent home in newsletters and a letter informing them of the sun protection policy.

Protection:

SHADE

- The school playground has shade provided by the school building,
- Some shaded areas (near the trees) and outdoor classrooms are available
- There are a variety of trees in the playground which provide shade at different times of the day.
- Children will be encouraged to use the shaded areas of the school during playtimes when appropriate.
- The availability of shade provision is considered when planning excursions and all outdoor activities.

TIMETABLING

- Our lunchtimes are 45 minutes in length, which includes eating in the dinner hall.
- This means that the children are outside for approx. 20 minutes over lunchtime,
- When outdoor activities and events take place on very hot days, we ensure hats, appropriate clothing and sunscreen are worn to minimise sunburn,
- During very hot weather, morning/ afternoon breaks and lunch breaks, pupils will be monitored to minimise risk of sunburn.

CLOTHING

- Pupils are encouraged to wear wide-brimmed, legionnaire style or other suitable hats when outside.
- Pupils always wear tops that cover their shoulders (vests and strappy tops are not allowed) as part of their school uniform and PE kit,
- Pupils are allowed to wear UV protective sunglasses on sunny days,
- Staff also wear suitable clothing and hats to reinforce sun safety.

SUNSCREEN

- Parents are encouraged and reminded to ensure that high factor/8 hour sun screen is applied to children before school on very hot days,
- Pupils are encouraged to bring in sunscreen cream/lotion (named and only used for the named child) to school; this will be applied by the child.
- Parents are requested to sign a consent form advising school that they have sent sunscreen into school for their child to apply it themselves in school when needed, under staff supervision.
- Encourage all children to apply their own sunscreen (supplied by home) before play and lunch times as necessary. Younger children, e.g. 2 Year Olds and Nursery children may need support with applying sunscreen and written parental consent will be sought before adults in school can apply it. Sunscreen for younger children, in Nursery or 2 Year Olds, WILL ONLY be applied to face, arms and neck by adults with written parental consent. Children are always encouraged to 'rub' sunscreen in themselves.

HYDRATION

- All children have access to a water bottle on a daily basis
- Children are allowed access to a water bottle in the classroom and are allowed to drink from it throughout the day
- Water is provided in the dinner hall at lunchtimes.

Policy completed in April 2018

To be reviewed April 2019